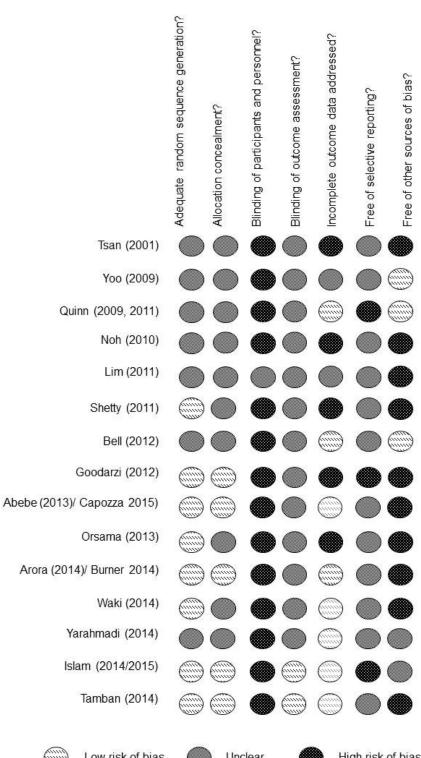
$\blacksquare$ **Multimedia Appendix 5.** Cochrane individual risk of bias for the included trials (n =15)





Low risk of bias



Unclear



High risk of bias